

Family Discipleship Resource

Key Point: God is a refuge. He is a place of safety and protection for His children.

This week we learned that God is refuge. We see that God is always with His children through the life of Joseph. He is a place of safety and protection in hard and difficult times.

Capture discipleship moments: After dinner one evening, talk through the questions below. Anytime we open the Bible and talk about God, we need to pray and ask Him to help us because only God can teach our hearts. Pray with your family for God to give understanding and belief.

- 1. Today, you learned that God is a refuge? What does that mean? God is a place of safety and protection for His children.
- 2. What sorts of pictures or descriptive words come to mind when you hear the word "refuge"?
- 3. Who was our story about today? Joseph.
- 4. There were a lot of hard things/times in Joseph's life. Can someone tell me what some of these things were? Joseph's brothers sold him because they were jealous of him and his master wrongly threw him in jail.
- 5. How do you think Joseph felt during all of those things? He was probably scared, sad, angry, and confused.
- 6. What words would you use to describe the things that happened to Joseph? Hard, scary, unfair...
- 7. Where was the LORD during all of the hard things that happened in Joseph's life?

 The LORD was with Joseph! God was his refuge a place of safety and protection for Joseph.
- 8. Did the hard things that happened to Joseph stop even though God was with Him? No, they did not. God cared for Joseph while he was experiencing those hard things.
- 9. How did God protect Joseph when his brothers were planning to harm him? God protected Joseph from death by the brothers and instead Joseph was sold into slavery.
- 10. How did God protect Joseph while he was a slave? God gave Joseph favor with his master. That means that Joseph's master liked him and treated him well.
- 11. How did God protect Joseph when he was in prison?

 Joseph was put in charge of everything even when he was locked up in jail.

Read Proverbs 18:10.

The name of the LORD is a strong tower; the righteous man runs into it and is safe.

- 12. How is God like a strong tower? A strong tower is something you run to for protection from enemies, bad weather, etc. Just like people run to a strong tower when they are in danger, God is who we should run to for safety.
- 13. How was God a strong tower for Joseph?

 God was with Joseph and protected him from harm. Even though bad things happened, God never left Joseph and made good happen to him even in hard times.

- 14. What are some things that you are afraid of?
- 15. What do you do when you are afraid?
- 16. What do you usually run to for safety?
- 17. Do you believe that God is in charge of everything- even the things we are afraid of?
- 18. If God is in charge of everything, can we trust that He is able to protect us in every situation?

***Additional passages for study: Read Psalm 46:1-3 together.

God is our refuge and strength, a very present help in trouble. Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea, though its waters roar and foam, though the mountains tremble at its swelling.

- 1. Are there any words in this passage you do not recognize or understand?
- 2. What words does the psalmist use to describe God?

 As a refuge and strength. A help who is always there in the midst of trouble.
- 3. What do God's children *not* do because God is their refuge, strength and help?
- 4. How do God's children look to God as a refuge in times of trouble?
- 5. What are circumstances in your life that are hard or scary and you need to run to God as your refuge?

Read John 10:27-28 together.

- 6. Can anything take away the eternal life God has promised His children?
- 7. Can anything snatch God's children out of God's care?
- 8. Why is God's protection over the faith and souls of His children more important than His physical protection?

Create discipleship time: Recap by asking your kids what they learned, as they color their Refuge Attribute Sign for your Attribute Wall at home.

- What is one thing you learned about God today?
 God was with Joseph even in hard and scary times.
- 2. What is one thing you learned about yourself today? I can trust God as a refuge when I am afraid.

Pray together as a family. Praise God because He is a refuge. **Thank** God that He is a place of safety and protection for His children. **Confess** to God that it can be hard to trust Him and run to Him as our refuge in the midst of hard times. **Ask** God to help you run to Him as your refuge. Ask Him to help you trust Him even when your circumstances are unjust, dangerous, painful and scary like Joseph's were.

MVOTM.

But I will sing of your strength; I will sing aloud of your steadfast love in the morning. For you have been to me a fortress and a refuge in the day of my distress. **Psalm 59:16**